



### Allergen and Ingredient Guide

Please be advised that some of our products may contain or may have been further processed on shared equipment that may have come in contact with Allergens: including Peanuts, Sesame, Soy, Tree Nuts, Wheat.

Allergy Relief Tea	Category	Wellness Tea
<b>Ingredients:</b>  Nettle Tea, Sea Buckthorn, Butterbur, Goldenrod, Black Seed Extract, Lemon juice, Honey.	<b>Allergens:</b>	

Anti-inflammatory Juice	Category	Wellness Beverages
<b>Ingredients:</b> Baby Carrots, Turmeric, Ginger, Freshly Pressed Valencia or Navel Oranges, Bromelain, Boswellia, CBD Oil*, Sea Moss Gel, White Willow, Monk Fruit, Horsetail, Cayenne Pepper.	<b>Allergens:</b>	

Berry Beautiful Skin Smoothing Smoothie	Category	Wellness Beverages
<b>Ingredients:</b> Strawberries, Raspberries, Blueberries, Passion Fruit, Sea Buckthorn, Gotu Kala, Carrots, Bamboo Leaf Extract, Horsetail Extract, Spring Water, Sea Moss Gel, Monk Fruit.	<b>Allergens:</b>	

CardioVital Blend	Category	Wellness Beverages
<b>Ingredients:</b> Beet Root, Blackberry, Pomegranate, Hawthorn, Cinnamon, Ginger Root, Cat's Claw, Barberry Root, Schisandra, Fenugreek	<b>Allergens:</b>	

Deep Cleansing Flush	Category	Wellness Beverages
<b>Ingredients:</b> Celery juice, apples, yellow dock, senna root, prunes, aloe, psyllium, wormwood, marshmallow root	<b>Allergens:</b>	

Destressing Herbal Tea	Category	Wellness Tea
<b>Ingredients:</b> Spring water, Organic Chamomile flower, Organic Lavender Flower, Organic Lemon Balm Leaf, Ashwagandha, Kava Root, Holy Basil, CBD Oil, Valerian Root, Passion Flower, Organic Honey.	<b>Allergens:</b>	

Detoxifying Green Juice	Category	Wellness Beverages
<b>Ingredients:</b> Spring water, Baby Spinach, Baby Kale, Sea moss, Spirulina, Wheatgrass, Cucumber, Celery, Chard, Milk thistle, Lime, Ginger, Licorice root, Burdock root, Gymnema Sylvestre, Reishi Mushroom, Oil of Oregano, Soursoy, Stevia Extract, Ashwagandha, Jerusalem Artichoke, Bromelain, Black Pepper, Alfalfa Grass, Vegan Proprietary Probiotic Blend	<b>Allergens:</b> Contains mushrooms	

<b>Immunity Boosting Herbal Tea</b>	<b>Category</b>	Wellness Tea
<b>Ingredients:</b> Spring water, Green Tea, Rose Hips, Hibiscus, Blueberries, Açai Berry, Elderberry, Echinacea, Goldenseal leaf, Vitamin C, Honey, Mullein, Astragalus	<b>Allergens:</b>	

<b>Love Potion for Her</b>	<b>Category</b>	Wellness Beverages
<b>Ingredients:</b> Strawberry Juice, Watermelon Juice, Maca Root, Damiana, Ginseng, Sea Moss Gel, Blue Agave, Ginkgo Biloba Cinnamon, Cocoa powder, Horny Goat Weed, Ashwagandha, Muira Puama	<b>Allergens:</b>	

<b>Love Potion for Him</b>	<b>Category</b>	Wellness Beverages
<b>Ingredients:</b> Strawberry Juice, watermelon juice, Maca Root, Tongkat ali, ginseng, Ginkgo Biloba, horny goat weed, Yohimbe, sea moss gel, blue agave, cinnamon, Muira Puama	<b>Allergens:</b>	

<b>Memory and Focus Protein Shake</b>	<b>Category</b>	Wellness Beverages
<b>Ingredients:</b> Oat Milk or Almond Milk, Pea Protein Powder, Bacopa Monnieri, Ginko Biloba, American Ginseng, Alpinia Galanga, Lions Mane Mushroom, Turkey Tail Mushroom, Shilajit, Organic Blue Agave or Molassess, Organic Stevia. [Chocolate: Organic Cacao Powder] [Vanilla: Organic Vanilla Powder] [Coffee: 100% Arabica Coffee] [Banana: Organic Bananas] [Pumpkin Spice: Organic pumpkin puree, cinnamon, nutmeg, allspice, ginger, cloves] [Eggnog: Coconut Milk, cinnamon, nutmeg, allspice, ginger, cloves, Organic stevia]	<b>Allergens:</b> peanuts, tree nuts, soy, mushrooms	

<b>Menopausal Relief Tea</b>	<b>Category</b>	Wellness Tea
<b>Ingredients:</b> Spring water, Peppermint, Spearmint, Tarragon, Red Clover, Black Cohosh.	<b>Allergens:</b>	

<b>Urinary Defense &amp; Relief</b>	<b>Category</b>	Wellness Beverages
<b>Ingredients:</b> 100% Unsweetened Cranberry Juice, Spring Water, Uva Ursi, Goldenrod, Reishi Mushroom, Horsetail, Monk Fruit	<b>Allergens:</b> Contains mushrooms	

